

Southern Adelaide Domestic Violence Service is a service of Southern Domestic Violence Service Inc.

Contact details:

PO Box 188, Christies Beach SA 5165

Ph: (08) 8382 0066

Office hours: Monday–Friday 8.30am–5.30pm
(except Tuesdays 8.30am–12.30pm / 4pm–5.30pm)

Useful numbers

When you feel like you are in danger:

Police Emergency 000

Police attendance 131 444

If you need alternative accommodation:

Domestic and Aboriginal Family Violence Gateway

1800 800 098

Monday–Friday 9am–5pm

**Homelessness Gateway Service
(after hours service)**

1800 003 308

After hours counselling support:

1800 RESPECT (1800 737 732)

24 hour service

Crisis Care 131 611

Lifeline 131 114

Kids Helpline 1800 551 800

Child Abuse Report Line 131 478

**Acute Crisis Intervention
Service (ACIS) 131 465**



Looking after our community

A place for women and children experiencing domestic and family violence.



“One in three women may suffer from abuse and violence in her lifetime. This is an appalling human rights violation, yet it remains one of the invisible and under-recognised pandemics of our time. Violence against women... is not inevitable. We can put a stop to this.”

– Nicole Kidman



SOUTHERN ADELAIDE
domestic violence
SERVICE

Southern Adelaide Domestic Violence Service provides accommodation and outreach (non-accommodation) services to women and children when they are experiencing violence. This could be from a partner (including same-sex relationships), children or other family members.

How do I know that I am experiencing domestic or family violence?

Domestic and family violence looks different for everyone but there are behaviours that occur in relationships that are similar for a lot of women. They include:

- being put down all the time and always being told that you are doing things the wrong way
- being sworn at and being called names that make you feel bad about yourself
- feeling scared that if you don't do something their way that you will be threatened or hurt
- horrible things being said about you to your children or other people
- making you have sex when you do not want too, or forcing you to do sexual acts that you are uncomfortable with and do not want to do
- hurting your pets or threatening to hurt them
- threats of suicide or personal harm to yourself and/or children if you choose to leave
- making it difficult for you to see family and friends
- controlling all the finances in the household.

What can I do about it?

If this is occurring in your relationship, Southern Adelaide Domestic Violence Service can listen to your concerns and help you work through what you would like to do about it.

Services that SADVS provide

- Accommodation for women and children that is safe and will support you through the crisis.
- Counselling and support (non-accommodation).
- Links with other services that can support you.
- Support and referrals for financial and legal matters.
- Looking at long-term housing options.
- Helping your children through difficult times.
- Connecting women and children to education and training.
- Groups for women and children.

What we believe

- That violence against women is a crime and denies their human rights.
- All women and children should live in a safe and secure place.
- We understand that Aboriginal and Torres Strait Islanders are the First People of Australia and have a special connection to country and that needs to be supported.
- We are a place where women and children can rest and make good decisions for their future.
- We believe that mums want the best for their families. We want to work with you to make this happen in your life.
- Everyone in the family is important including children. That means we support mums and children to link with supports that will help them now and in the future with education.

